

GROUP FITNESS SUMMER TIMETABLE

EFFECTIVE FROM



7th NOV 2011
TO
20th FEB 2012

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|--------|--|-----------|----------|--|
| 6:05 | | | | | |
| 9:00 | | | | | |
| 9:10 | | | | | |
| 10:00 | | | | | |
| 10:30 | | | | | |
| 12:00 | | | | | |
| 12:45 | | | | | |
| 5:00 | | | | | |
| 6:00 | | | | | |
| 7:00 | | | | | |
| SATURDAY | SUNDAY | YOUR SAFETY AND WELLBEING | | | OPENING HOURS |
| | | <p>The timetable will vary for public holidays and during semester breaks.</p> <p>The timetable is subject to change at short notice.</p> <p>You, the members help support classes by regularly attending your favourite classes each week.</p> <p>Classes with low or infrequent participation are subject to review. Please ensure you arrive prior to the class starting for your safety and for the safety of those around you.</p> <p>Class numbers may be limited due to equipment or safety reasons. We recommend towels and drinkbottles</p> | | | <p>MON 6.00am - 10.00pm</p> <p>TUE 6.00am - 10.00pm</p> <p>WED 6.00am - 10.00pm</p> <p>THU 6.00am - 10.00pm</p> <p>FRI 6.00am - 8.00pm</p> <p>SAT 8.15am - 4.00pm</p> <p>SUN 9.00am - 5.00pm</p> |
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| 10:00 | | <p>www.lincoln.ac.nz/reccentre LURecCentre on </p> | | | <p>CONTACT US</p> <p>TEL: 64 3 325 3606</p> <p>FAX: 64 3 325 3889</p> |