

Sport & Recreation



Things grow when the conditions are right.

It's true for industry, agriculture and it's most certainly true for people. At Lincoln University, helping you grow is what we are all about.

And we encourage you to do it your way, with diverse learning that fits your ambitions in an environment that allows you to flourish.

We partner you with industry to prepare you for the real world and to plant the seeds of a rewarding future.

So when the time comes, you're ready to go out there and grow the future for yourself and others.

Welcome to Lincoln University.
A place to grow.



Welcome

Lincoln University is proud to help grow your future.

As the longest running agriculturally based university in the Southern Hemisphere, Lincoln's story begins with farming but it certainly doesn't end there. As New Zealand's economy has diversified so have we. What we are interested in growing is people.

Now more than ever, we are enabling our students to grow to meet urgent industry demands in areas such as food, fibre, sustainability, agribusiness and more.

At Lincoln, we offer great learning and growth through powerful applied research, deep industry collaborations, global connections and world-class learning environments and teaching.

As a Lincoln graduate you'll arrive at your career globally connected, forward thinking and ready to shape tomorrow.

Lincoln is a safe haven that will offer you a wealth of opportunities to develop leading-edge skills here and in the real world. Just as importantly, you will become part of a thriving and inclusive student community, forging friendships that will last a lifetime.

We truly look forward to helping you grow.

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Lincoln and the Canterbury region

Welcome to Canterbury

Our campus is located in the Lincoln township, a thriving village on the Canterbury plains.

Lincoln is small and very friendly. It boasts local pubs, great cafés and eateries, shops and even its own farmers and craft market.

Twenty minutes away is Ōtautahi Christchurch, which is transforming itself into one of the world's most sustainable cities. Its rapidly evolving culture and energy makes it ideal for students.

And no more than a couple of hours from Ōtautahi Christchurch, Canterbury offers a huge range of exciting recreational options in areas of incredible natural beauty – you can bungy jump, hike, mountain bike, raft, surf, swim, play golf, shop, visit wineries and gardens, and so much more.



Choosing Lincoln University

At Lincoln, we've got a solid reputation for offering the finest, most industry-relevant learning programmes. And we'd like to make you a part of that.

As New Zealand's leading land-based university, our specialised subject areas are all about harnessing the value of the land to help make the world a better place.

We've got strong industry ties to ensure that your learning lines up with what businesses need. Loads of our students gain work experience while they study, picking up real skills for the real world. You can't put a price on that.

We're the smallest university in New Zealand, which means a more personal learning environment, extra face time with lecturers and a friendly, village atmosphere.

Māori and Pasifika

Lincoln University is a great place for Māori and Pasifika students to gain an excellent qualification in a fun, friendly and supportive environment.

We offer a values based programme of manaaki (support) for Māori students called Manaaki Taura that offers academic support, internships and practical work opportunities.

We're also committed to helping to develop the next generation of Māori and Pasifika leaders by offering industry-relevant, career-orientated programmes with support from Te Manutaki - the Māori and Pasifika Team.

International students

Our students hail from around 80 different countries throughout the world. This makes Lincoln University a truly global network and a diverse, exciting place to be.

We hope you will join us soon.

- 1 Skiing at a local skifield only an hour and a half's drive from Ōtautahi Christchurch.
- 2 Local kapa haka group.
- 3 Recreational biking on Banks Peninsula.



Photos: ChristchurchNZ

Why Lincoln University?

At Lincoln University, we love our green and vibrant village full of like-minded people. There's always something to get involved in and the vibe is super friendly. Here are just a few of the things available to you as a Lincoln student.

Join the club.

Looking for great ways to meet new people, broaden your horizons and have some fun? Join a club. The Lincoln University Students' Association (LUSA) and the Whare Hākinakina LU Gym oversee all of our clubs and organisations. We can fill you in on what's out there or even help you set up your own club.

Help is here.

Every student needs a little help now and then. That's why we have support services for every area of student life. And they're there for you whenever you need them. Whether it's budgeting advice, help with a physical or mental health problem or you just want someone friendly to talk to, we're on your side.

LUSA. They're for you.

The good people at the Lincoln University Students' Association are all about making student life the best it can be. Independent from the university, they offer impartial advice and look after your student rights. LUSA is committed to the Treaty of Waitangi and they help represent our Māori students at Lincoln. They also organise awesome and affordable events.

Follow us and keep up to date



Bridging the gap.

Urban meets rural at Lincoln, with students arriving from bustling cities, remote country farms and everywhere in between. They all find their place at New Zealand's top land-based university and they tend to leave as lifelong friends.

Read it in RAM.

RAM is our infamous, entertaining and essential Lincoln student magazine. It's your monthly fix of satire, legend, inside word and even the occasional serious and factual article. Don't miss it.

Great care for little ones.

Our philosophy of helping people to grow also extends to our fantastic childcare centres. We create an environment that promotes wonder and play as central to learning. Children of all cultures love it, which makes it much easier for their parents to concentrate on studying.

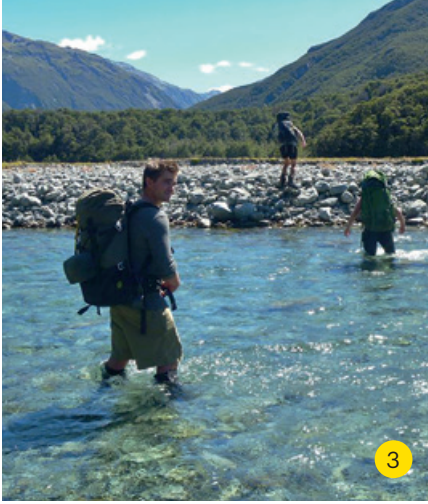
Stellar coffee.

Where there are university students, there are also great cafés. And in our case, they're well worth a visit or two. If you're after a coffee to get your brain going, head to our fantastic student space, Grounded (which includes an awesome espresso bar), or our central café, Mrs O's.




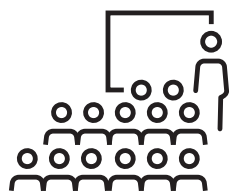

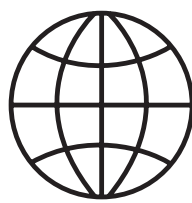



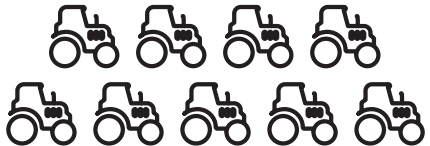

This way up.

Need a bit of pointing in the right direction? There are plenty of people on campus to talk to about career and employment advice. If you want to discuss job possibilities or need to find a part-time gig while you study, we're here and ready to help.

- 1 The Grounded student space is a great place to catch-up.
- 2 Students enjoying themselves at the end-of-year Garden Party.
- 3 The Lincoln Tramping and Climbing club, one of over 30 clubs and societies at Lincoln.



Lincoln at a glance

<div>15th</div> <div>rated for small universities globally</div> <div></div>	<div>82%</div> <div>of graduates in paid employment</div> <div></div>	<div>100%</div> <div>of campus energy is renewable</div> <div></div>
<div>13.3:1</div> <div>student to staff ratio</div> <div></div>	<div>92%</div> <div>of students say the University meets or exceeds expectations</div> <div></div>	<div>Students from over 67 countries</div> <div></div>
<div>In the top 25% of QS World University Rankings 2024</div> <div></div>	<div>Attracts urban & rural students</div> <div></div>	<div>3rd oldest University in New Zealand</div> <div></div>
<div>2,412</div> <div>hectares of farms</div> <div></div>	<div>17</div> <div>research centres and collaborations</div> <div></div>	

Areas of specialisation & qualifications

Lincoln University's areas of specialisation

Our nine areas of specialisation are designed to help you tailor your learning to your ambitions.

Each area contains a range of practical study programmes that you can mix and match to gain the breadth of knowledge and expertise needed for success in your chosen field.

Lincoln University areas of specialisation

Agriculture, Horticulture
and Viticulture

Business

Environment

Food, Wine and Beer

Landscape Architecture

Property and Valuation

Science

Sport and Recreation

Tourism



The purpose of this booklet

Our sport and recreation programmes will prepare you to play a part in meeting the major demand for university graduates in some of the world's most enduring professions.

This booklet outlines the qualifications within the specialisation and explores potential career outcomes, as well as providing valuable information on how to get where you want to be.

We cover pathways our graduates have taken, offer insights into the journeys of some of our current students, and throw some real-world facts into the mix.

Ultimately, this book will assist you in making the right choice to grow your future.



To see the full range of qualifications on offer, visit: www.lincoln.ac.nz

Sport & Recreation

Want to turn your love of sport and recreation into a career? Practical course content, friendly lecturers and connections with various organisations will give you a foot in the door before you complete your studies.

This degree can open up a world of career opportunities in an exciting and fast-moving industry. The sector desperately needs more graduates and we offer a wider range of sport and recreation subjects than any other New Zealand university.

The career opportunities are diverse, from working in non-profit or professional sporting organisations to forging a career in outdoor recreation, public health, or the

management of sports events and facilities.

The market value of the sector in New Zealand is estimated at more than \$5 billion, with gains in productivity and health benefits valued at over \$1 billion.

We'll supplement your practical experiences with a theoretical knowledge of sport and society, governance, event and people management, and issues associated with managing community parks and sport and recreation services.

Our industry partners are well aware of the value of our programmes. Many organisations have hired Lincoln graduates and found them to be immediately work-ready, a quality that is supremely attractive to employers.



Qualifications

Bachelor of Sport & Recreation Management

Bachelor of Sport & Recreation Management with Honours

Graduate Certificate in Recreation Management

Graduate Diploma in Recreation Management

Postgraduate Certificate in Parks, Recreation & Tourism

Postgraduate Diploma in Parks, Recreation & Tourism

Master of Parks Management

Master of Sport & Recreation Management

Master of Applied Science | Parks, Recreation & Tourism specialisation

Master of Applied Science | Land & Society specialisation

PhD

Bachelor of Sport & Recreation Management

Love the outdoors, nature and sport? Then prepare for a rewarding career with a degree that offers a wider range of sport and recreation management courses than any other university.

Sport and recreation are fast-growing industries that desperately need high quality graduates.

This specialised Sport and Recreation management degree offers in-depth learning in sport and recreation knowledge and practice along with event planning, marketing, strategic management and recreation approaches.

Lincoln's track record for high graduate employment rates within the sport and recreation sectors is far ahead of the competition.

Key features

- Take advantage of the widest range of sport and recreation courses available at any New Zealand university
- Undertake a 120-hour internship that helps you get a foot in the door of a career in sport and recreation and matches your interests with your employers' needs
- Boost the theoretical knowledge learned in the classroom with the practical experiences in the field
- Gain opportunities to meet industry professionals, learn practical management techniques, and develop critical thinking skills with the academic understanding to back it up

- Take advantage of Lincoln's major in Parks and Outdoor Recreation, as it is the only offering of its kind in New Zealand

Career opportunities

Lincoln University graduates are in demand across the sport and recreation industry. You could work in sport development, marketing and communications, community sport advisory, community engagement, sport facility management and consultancy, park and recreation planning, outdoor recreation leadership, events management, sports club management, gym management or manage sport at a secondary school.

Entry requirements

University Entrance through NCEA, or an approved equivalent qualification.

If English is not your first language other entry requirements will apply. Learn more about English language requirements here: www.lincoln.ac.nz/english-requirements

Recommended preparation

- Commerce/Business
- Computing
- English*
- Geography/Social Studies
- History/Classics
- Māori Studies
- PE/Outdoor Ed
- Tourism

*Highly recommended subjects

Intake semesters

- You can start in either:
- Semester 1 (late February)
 - Semester 2 (mid July)*

There are also options for starting in summer semesters, although the range of courses available would be limited.

*Please obtain course advice if you are thinking about this option.

Additional major

There may be an opportunity to add an additional major to your programme of study. Please refer to the programme course advisor for further information.

Duration (Years)

3

Intake (Semesters)

1 2



Course structure

Year 1							
REC N 110	SOCI 116	SOCI 117	REC N 111	BMGT 116	COMM 112	MKTG 115	Elective
Year 2							
REC N 213	SOCI 204	REC N 216	PSYC 202	REC N 215	REC N 217	Elective	Elective
Year 3							
REC N 343	SOCI 315	REC N 393	REC N 341 or REC N 344	REC N 345 or PSYC 302	Elective	Elective	Elective

A course advisor can assist you to select your electives and plan your degree.

■ Compulsory course ■ Elective course ■ Select one from these three courses

Programme contact

Mike Annear
Course Advisor
E: mike.annear@lincoln.ac.nz
P: 03 423 0892



For more information or to apply visit www.lincoln.ac.nz or call 0800 10 60 10.



“Informal mentoring is natural for the lecturers at Lincoln, because they care about their students so much.

Jenn Halliday
Bachelor of Sport and Recreation Management



Choose an additional major

Studying for a Bachelor's degree? You can include an additional major, which will supplement your degree programme with meaningful study in a complementary discipline.

This table will help you to work out which additional majors you can study within your chosen degree. Please speak to your course advisor to ensure you pick up the right courses for you.

Degree	Accounting	Facilities Management	Economics	Environmental Management	Event Management	Finance	Global Business	Marketing	Parks and Outdoor Recreation	Supply Chain Management	Tourism Management	Water Management
Bachelor of Sport and Recreation Management	•	•	•	•	✓	•	•	✓	✓	•	•	•

✓ Additional major may be available • Seek course advice

Event Management

Gain the expertise to pursue a career as an event professional in a range of industries. Event management is a growing area of specialisation at tertiary institutions throughout Australasia and the world. The significance of events has spread beyond the traditional realm of tourism, sport and the arts into the corporate world and a range of other sectors, including hospitality and wine and food production. Corporations, organisations and local councils appreciate the value that events and festivals bring to businesses and local economies as they help to facilitate their role in encouraging community development and engagement.

Courses

The Event Management major consists of eight courses – three 100-level courses, two 200-level courses and three 300-level courses. Courses selected at the 300-level cannot be applied to any other qualification.

Marketing

Develop the expertise to make the right marketing decisions for businesses, consumers, society and the environment. Become aware of the profession's social, ethical, moral and legal standards and their impact on society. You'll learn the concepts and tools to be a productive and responsible marketing professional.

Courses

The Marketing major consists of seven courses: two 100-level courses, two 200-level courses and three 300-level courses. Courses selected at the 300-level for the major cannot be applied to any other qualification.

Parks and Outdoor Recreation

The major in Parks and Outdoor Recreation is a multidisciplinary programme bringing together areas of social and ecological science to give a holistic approach to this field of

study, equipping students for public and private sector roles in parks and reserves management, visitor services, recreation policy and planning or nature-based tourism.

Courses

This major consists of eight courses, which is one-third of a 24-course degree. Courses selected at the 300-level cannot be applied to any other qualification.

DOC Scholarship

The Department of Conservation (DOC) is offering a number of \$5,000 scholarships to talented Lincoln bachelor's degree students undertaking this major. DOC is looking for qualified individuals who can think and plan strategically for tourism on a landscape scale. DOC is also interested in graduates with multi-disciplinary skills in general management, working with iwi, whānau and hapū, visitor and facilities management and partnering skills to help DOC work with others to grow conservation. For more information and application details, visit lincoln.ac.nz/scholarships

Missed out on University Entrance?

Look no further than our pathway options, which will lead you into a Bachelor's degree programme.

The Pathway Certificate (Foundation) will help you gain a grounding in academic studies and set you on your way to life at Lincoln University.

You'll gain a solid foundation in academic writing, mathematics and statistics, science or environment.

When you've completed the Pathway Certificate (Foundation), you'll be able to progress on to the First-Year Pathway Diploma, and then onto to a Bachelor's degree.

The First-Year Pathway Diploma provides a firm academic grounding while allowing you to work towards your future degree.

You'll develop your academic skills and study a range of courses from our Bachelor's programmes.



For more information visit www.lincoln.ac.nz/pc and www.lincoln.ac.nz/pd



Careers

Employers are always on the hunt for Lincoln graduates and our degrees open doors. Learn about some of the career opportunities that could come knocking once you've finished studying.

Outdoor Recreation Guide/Instructor Kaiārahi o Waho/Kaiwhakaako o Waho

Outdoor recreation guides and instructors teach or guide outdoor activities such as rafting, kayaking, canyoning, skiing, hunting, climbing, caving and mountain biking.



This profile is abridged from the CareersNZ website. For a more detailed profile, visit www.careers.govt.nz/jobs-database/hospitality-tourism-and-recreation/sport-and-recreation/outdoor-recreation-guideinstructor/

Pay

Pay for outdoor recreation guides and instructors varies depending on experience, qualifications, and the type of work they do.

Pay rates for outdoor recreation instructors

- New outdoor recreation instructors with entry-level qualifications usually earn minimum wage
- Instructors with higher qualifications can earn between \$42,000 and \$58,000

Instructors at outdoor education centres may receive an allowance for gear.

Pay rates for outdoor recreation guides

Outdoor recreation guides are often paid by hour, day or trip.

- New guides or guides in training can expect to earn minimum wage
- Guides with more qualifications and responsibilities can earn up to \$28 an hour

Guides may be paid extra for longer trips with more clients.

What you will do

Outdoor recreation guides and instructors may do some or all of the following:

- Plan outdoor recreation activities and instruction programmes
- Assess risks involved in an activity, taking into account the weather and different clients' abilities
- Lead, guide and teach people taking part in activities
- Organise safety procedures including checking equipment, running rescue practices, and providing first aid if necessary
- Prepare recreation areas by doing things such as signposting or fencing off paths and hazards

- Organise bookings, transport, food and accommodation, and drive clients to activities
- Clean and store equipment after use
- Keep logbooks of their trips

Working conditions

Outdoor recreation guides and instructors:

- May work long and irregular hours, including weekends and nights
- Work at locations such as national parks, mountains, forests, caves, rivers, lakes and the sea
- May work in hot, cold, wet, windy or dangerous conditions
- May travel within New Zealand or overseas to areas where the outdoor activities take place

Personal requirements

Outdoor recreation guides and instructors need to be:

- Mature, responsible and able to stay calm in emergencies
- Able to make good decisions under pressure
- Patient, sympathetic and enthusiastic
- Confident in their own abilities and able to inspire confidence in others
- Excellent leaders with good communication skills
- Good at planning and organisation, with strong problem-solving skills
- Able to work as part of a team
- Alert and observant

Useful experience

Useful experience for outdoor recreation guides and instructors includes:

- Paid or voluntary leadership of outdoor recreation groups
- Teaching, sales or customer service work
- Work involving contact with the public
- First aid and accident emergency work
- Conservation work



Pay per year
\$42k-\$58k



Job opportunities
Average
due to consistent demand

Physical requirements

Outdoor recreation guides and instructors need to have excellent fitness and health. They must be strong as they may have to transport equipment, walk, cycle, ski or ride long distances, or take part in a range of physical activities.

What are the chances of getting a job?

Many outdoor recreation guide jobs seasonal

Your chances of securing a job as an outdoor recreation guide are best if you're willing to work casually or for short periods of time. This is because many jobs are seasonal, part-time positions with tourism operators.

Some businesses employ overseas workers with specialist skills, such as mountain guiding or climbing, due to a lack of qualified guides in New Zealand.

Outdoor pursuits centres offer best chance of full-time instructor position

Outdoor education and pursuits centres offer instructors the best chances of finding full-time, year-round work.

Types of employers varied

Outdoor recreation guides and instructors may work for:

- Tourism businesses
- Ski fields
- Polytechnics
- Schools
- Outdoor education/pursuit centres

This information is a guide only.
Last updated 20 April 2020

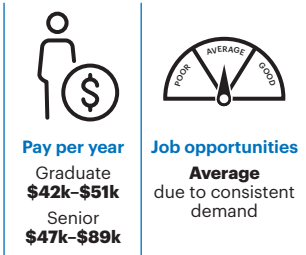
Ranger

Āpiha Papa Atawhai

Rangers protect, enhance and maintain conservation and recreation areas such as regional and national parks, forests, wetlands, reserves, and sites of cultural importance.



This profile is abridged from the CareersNZ website. For a more detailed profile, visit www.careers.govt.nz/jobs-database/animal-care-and-conservation/conservation/ranger/



Pay

Pay for rangers varies depending on experience, qualifications and the type of work they do.

- Entry-level park or maintenance rangers in local or regional government parks usually earn \$43,000 to \$51,000 a year
- Park or maintenance rangers with three or more years' experience usually earn \$55,000 to \$88,000
- Entry-level Department of Conservation (DOC) rangers usually earn minimum wage to \$47,000
- Experienced DOC rangers usually earn \$47,000 to \$65,00.
- Senior DOC rangers or supervisors with more responsibilities can earn from \$56,000 to \$89,000

What you will do

Rangers may do some or all of the following:

- Monitor, manage and protect native wildlife, habitats and plants
- Control and monitor pests and weeds, and run native plant nurseries
- Patrol marine reserves and enforce compliance by-laws
- Make or maintain tracks, toilets, huts, signs, fences
- Keep park, reserve or campsite amenities clean, and remove rubbish
- Protect and restore historic sites
- Build and maintain links with the local community and iwi
- Assist and give information to visitors of parks or reserves
- Develop and oversee volunteer and education programmes
- Support and monitor concession holders and property licence holders such as graziers

Working conditions

Rangers:

- Usually work regular business hours, but may also work evenings and weekends
- Work in offices and outdoors, in areas such as national or regional parks and wildlife reserves
- Work outdoors in all weather conditions
- May have to travel to attend meetings or spend days away from home working in remote areas

Entry requirements

There are no specific entry requirements to become a ranger.

However a relevant Bachelor of Science degree may be useful. Tertiary students can major in parks and outdoor recreation at Lincoln University.

Personal requirements

Rangers need to be:

- Adaptable and practical
- Safety conscious
- Able to remain calm in emergencies
- Motivated, as they may have to work in difficult conditions, such as outdoors in bad weather
- Able to work independently or as part of a team
- Friendly, patient and helpful, as they deal with the public
- Knowledgeable about first aid

What are the chances of getting a job?

Job opportunities for rangers best in remote areas

Demand for rangers is expected to grow due to a government increase in conservation funding.

There are often vacancies for Department of Conservation (DOC) ranger jobs, but competition can be strong. Your chances of securing a job are best if you apply for ones based in remote areas.

Experience doing contract or volunteer work useful

You can improve your chances of securing a ranger job by volunteering for DOC or for council or community projects. Volunteering can lead to short or long-term contract work. Contract and volunteer work in the field is usually only available in summer.

Studying online courses through DOC may also help your chances of getting a job.

Most rangers work for DOC

The Department of Conservation (DOC) is the main employer of rangers. They can also work for:

- Regional and local councils
- Conservation sanctuaries
- Fish and Game New Zealand

This information is a guide only.
Last updated 2 August 2021

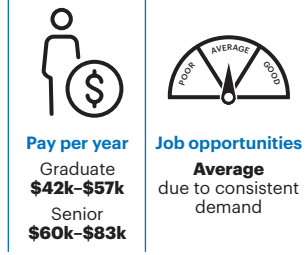
Recreation Co-ordinator

Kaiwhakarite Hākinakina

Recreation co-ordinators plan and run community leisure, before and after-school and sport programmes at venues such as recreation centres, parks, clubs and schools.



This profile is abridged from the CareersNZ website. For a more detailed profile, visit www.careers.govt.nz/jobs-database/hospitality-tourism-and-recreation/sport-and-recreation/recreation-co-ordinator/



Pay

Pay for recreation co-ordinators varies depending on qualifications, experience, responsibilities and where they work.

- New sports co-ordinators working in schools usually earn between minimum wage and \$54,000 a year
- Experienced sports co-ordinators with additional responsibilities can earn from \$54,000 to \$70,000
- New recreation co-ordinators working at councils, universities or polytechnics usually earn between minimum wage and \$57,000
- Senior recreation co-ordinators and programme managers can earn from \$60,000 to \$83,000
- Recreation co-ordinators employed on a casual basis usually earn between minimum wage and \$30 an hour

What you will do

Recreation co-ordinators may do some or all of the following:

- Plan and co-ordinate recreation programmes and events, social sports, competitions, and before-school, after-school and school holiday programmes
- Work with the community to design and develop recreation projects
- Prepare budgets and write reports and proposals
- Hire, train and supervise volunteers and staff
- Advise councils and commissions on recreation planning and policies
- Advise and assist community groups to develop recreation programmes and events

Skills and knowledge

Recreation co-ordinators need to have:

- Knowledge of different leisure, sports and recreation activities
- Knowledge of hazard management, and health and safety planning skills
- A love of recreation and sport
- Budgeting, business management and marketing skills

Working conditions

Recreation co-ordinators:

- May work regular office hours, mornings or evenings, or weekends at events
- Work in offices, churches, community halls or at sports grounds
- Travel to different recreation centres, sports fields, schools and marae

Entry requirements

There are no specific requirements to become a recreation co-ordinator. However, a certificate or diploma in leisure studies, physical education, sports administration or community recreation may be useful. Many local governments prefer recreation co-ordinators to have a Bachelor's degree.

Most employers prefer you to have a driver's licence and First Aid Certificate.

Personal requirements

Recreation co-ordinators need to be:

- Enthusiastic and patient
- Mature and responsible
- Good communicators
- Good leaders and able to motivate others
- Able to get on with a wide range of people
- Well organised, with planning and project management skills
- Able to work well under pressure to meet deadline.

What are the chances of getting a job?

Good opportunities for recreation co-ordinators with out of school programmes

Out of school programmes offer the best chance of securing a recreation co-ordinator job. These roles are in high demand as many working parents and caregivers rely on after-school and holiday programmes to look after their children.

Growing demand for recreation co-ordinators in recreation centres

Demand for sport and recreation co-ordinators at recreation centres is expected to grow as Sport New Zealand aims to boost public participation rates in sport and recreation activities. The best way to become a recreation co-ordinator in a recreation centre is to contact employers directly or use volunteer networks.

Types of employers varied

Recreation co-ordinators may work for a variety of employers, including:

- Out of school care and recreation providers
- Iwi and local authorities, such as city and district councils
- Schools and universities
- Sport groups, clubs, and recreation centres
- Government agencies such as Sport New Zealand

This information is a guide only.
Last updated 23 April 2020

Growing careers

At Lincoln, growing the future is what we're all about. Meet some of our current and past students, who are well on their way to achieving their dreams.



A student journey



Karla Wright-Akeli

Bachelor of Sport & Recreation Management

Rugby scholar Karla Akeli, an Aucklander, travelled south to study for Lincoln's specialised sport and recreation degree and take advantage of the university's renowned Sports Scholarship Programme.

"It was great to be able to play rugby and study at the same time," she says.

As part of the rugby scholarship programme, students receive training from Canterbury Rugby Skills and gain access to specialist programmes and facilities.

Some of New Zealand's top rugby players have been part of the programme.

She completed her Bachelor of Sport and Recreation in 2022 and is now a Healthy Lifestyle Advisor with Tangata Atumotu Trust.

As far as her studies were concerned, Karla enjoyed group work the most.

"The lecturers are really helpful too and I like the friendships you make at Lincoln," she says. "It's such a small uni, everyone's so friendly and you get to know people quickly."

Involving herself in many extracurricular activities, she enjoyed the events offered on campus and was a member of the Lincoln University Pacific Island Students' Association (LUPISA).

LUPISA provides social, cultural and academic assistance and organises social events to support Pasifika identity on campus. It operates alongside the Lincoln University Students' Association (LUSA) and Karla appreciated the opportunities it offered her.



The Bachelor of Sport and Recreation Management degree has opened me up to be able to work in sport, whether or not I progress further in rugby.



Graduate pathways



Tammy Mehrstens
Bachelor of Sport and Recreation Management

Tamariki Consultant, Ihi Aotearoa Sport New Zealand

Tammy Mehrstens was able to turn her love of sport and fitness into her dream career by studying at Lincoln University. "I have always played sports and had an interest in health and fitness – and the university has such a great reputation in the industry."

Tammy says she particularly enjoyed the practical, hands-on aspect of the programme.

I loved getting out there – running events, volunteering for organisations and meeting people who I would ideally be working with in the industry. Having those contacts is really important and is one of the reasons I landed this position. I love my job and I really enjoy this industry.

"My time at Lincoln was very positive – I learned so much and discovered opportunities for my future. I met a lot of great people and had access to fantastic lecturers and support staff."

Tammy says she particularly enjoyed the practical, hands-on aspect of the programme.



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Jenn Benden
Bachelor of Sport and Recreation Management

Director, Xyst

Jenn Benden is a Director at Xyst, a consultancy firm that engages with private and public agencies to improve the environments of parks, open spaces, and sport, recreation and community facilities.

Originally from Vancouver in Canada, Jenn searched for recreation programmes at universities all over the world before settling on Lincoln. "I was so delighted to find a course near Christchurch," she says. "I had spent time there before, and I fell in love with the people and the city."

Jenn says the Lincoln course was perfect, as she wanted a degree that would lead her into managing sport and recreation, rather than delivering it.

"There were some good programmes around the world, but Lincoln had an excellent international reputation and I knew its small size would mean I was seen as a student, not a number. The programme had all of the components I was looking for and it's beautiful in Christchurch!"

Jenn says the lecturers were passionate about the industry and willing to discuss a variety of topics outside of class.

"This is the benefit of a small university. I can ask a lecturer out for a coffee and have a profound and engaging conversation that goes beyond the classroom curriculum.

"Informal mentoring is natural for the lecturers at Lincoln, because they care about their students so much."



Blair Minton
Bachelor of Sport and Recreation Management

General Manager - Pathways and Performance, Canterbury Golf

Blair Minton was promoted in 2023 to a senior management position within Canterbury Golf, making him responsible for the day-to-day operations of the participation, club support and competition aspects of the organisation.

Having previously worked for the organisation as a Golf Development Manager, he said of his promotion, "I am very proud to be assuming the senior leadership of Canterbury Golf, a historic and often leading golf association."

During his studies at Lincoln, Blair particularly appreciated the lectures that explored the organisational structure of sports organisations. He also enjoyed taking part in the internships, which he says offered valuable vocational experience. "The classes gave me an insight into the industry structure and the practical course work enabled me to experience this. The internships gave me a chance to get my name known amongst key people, which eventually contributed to me getting my first industry job."

Blair says his lecturers all had a passion for the sector and many drew on real life experiences. "The small size of the classes was a huge bonus as well. It meant you actually knew your fellow students and got to connect with your lecturers."

Practical information



Apply and enrol

**Ready.
Set.
Grow.**



Apply and enrol at
www.lincoln.ac.nz/apply

Key Dates and Events

Here are some of the events you won't want to miss as you consider your Lincoln journey.

Make sure you go to www.lincoln.ac.nz/key-dates for more info and the exact dates these exciting events take place.



Information Evenings

Head to a central city venue and enjoy nibbles and beverages as you chat with academics from our areas of specialisation, network with existing students and find out more about accommodation, scholarships and the student experience.






Halls application start/finish and moving in

Live on campus and get the full Lincoln experience. Halls applications open on 1 August, first offers are sent in October, and move-in is in February.





Hui Whakatuwhera Open Day

Spend an entire day touring our campus and learning why Lincoln University is such a great place to study. Attend subject presentations and have all your questions answered by our friendly lecturers and current students.





Scholarship applications

We have hundreds of scholarships available, including our Tihi Kahuraki, Future Leader and Sport Scholarships, which open in May and close in August. You can check them all out on our website, see if you meet the criteria, and find out all the closing dates.



Enrolments

Enrolments open in October but you can apply anytime. Once we have offered you a place and you have accepted then you can begin the enrolment process.


Rā Whakawhanaukataka - Orientation Day

Rā Whakawhanaukataka-Orientation Day brings together our new students to celebrate the start of their Lincoln University journey.

You'll meet other students, learn what it means to belong to the Lincoln whānau and find out what to expect in your first lectures.

Preparation Week

Preparation Week is the perfect time for new and existing students to get assistance with completing to-do lists (including enrolment) and find your way around campus before the start of lectures.



Semester dates

Semester 1 starts in February and Semester 2 in July, and you can start your study in either (as long as your course or programme is offered then), as well as Summer School which starts in November and again in January.

Contacts

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Ellesmere Junction Road/Springs Road
PO Box 85084, Lincoln University
Lincoln 7647
Canterbury, New Zealand

E: grow@lincoln.ac.nz
P: 0800 10 60 10 (NZ)
P: +64 3 423 0000 (International)

Student Liaison officers

Our Student Liaison team will be the first point of contact for you as a future student. They can give you all the information you need and answer any questions you may have about course planning, applying, or life at Lincoln, or they can refer you to an expert. The Student Liaison team also visits secondary schools and attends career expos in all regions.

E: grow@lincoln.ac.nz
P: 0800 10 60 10
P: +64 3 423 0000
www.lincoln.ac.nz/liaison

Te Manutaki Office of Māori & Pasifika Development

The Māori and Pasifika team are here to support you on your educational journey, including study, scholarships, wellbeing and cultural support.

P: +64 3 423 0000
E: ompd@lincoln.ac.nz
www.lincoln.ac.nz

Campus tours

We offer guided campus tours throughout the year. Tours take about 60-90 minutes, and will cover the key parts of our campus. To book your tour, head online to <https://www.lincoln.ac.nz/study/domestic-liaison/campus-tours/>

International Office

The International Office promotes and markets Lincoln University to prospective international students and works with its global network of education agents to provide high quality customer service.

We also support students with programme and course advice and help students through the University's applications and enrolment processes.

E: international@lincoln.ac.nz
P: 0800 10 60 10
P: +64 3 423 0000
www.lincoln.ac.nz/international-office



View the Lincoln University campus map at www.lincoln.ac.nz/map

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