# Guide

## for Lincoln University students



## **Need some help?**

Contact Wheako Tauira Student Experience: 0800 10 60 10 experience@lincoln.ac.nz www.lincoln.ac.nz/experience Scan the code to find an A-Z of student support services.











## **Courses and Learning Services**

We're here to help you achieve your best.

• We recommend getting **course advice** each semester. Check your Programme's page on the LU website for guidance on selecting courses, as well as Course Advisor/Programme Contacts. Our Course Advisors can help to answer questions about your course, programme or academic goals.

#### Learning, Teaching and Library (LTL)

- The library has spaces for group and individual study. You can book rooms to study with friends and access thousands of books, articles and videos to support your learning. Talk to library staff or use the AskLive chat system.
- Learning Advisors in the library can help you with study skills, improving writing, referencing and data. They run workshops or you can make an appointment for individual help. They also offer Peer Assisted Study Sessions (called PASS).
- Careers and Employment services are available in the library if you need career guidance or help with CV writing, interview skills, and more.

**Health** and Wellbeing

It's important to take care of number one (that's you) and your mates.

- Te Whare Hauora Student, Counselling and Wellbeing provide a range of professional, confidential services. Access to doctors, nurses, counsellors, a clinical psychologist, health coach and a dietician. International students please check your insurance policy for the range of health services covered. www.lincoln.ac.nz/health
- Whare Hākinakina LU Gym: Membership is covered by your Student Services Fee and includes group exercise classes and gym facilities. Social Sports and Team Club Sports are popular at Lincoln. www.lincoln.ac.nz/lugym
- Bike Shed: located between the Print Hub and Hudson accommodation, entry is via your student ID card, and is free. Access is 24 hours and it's recommended you can use your own lock to secure your bike in the shed.

## **Student Support**

### At Lincoln, you're not alone.

- wellbeing needs.
- and graduation.

www.lincoln.ac.nz/support

# Tools

- Google Play.

- lucas.lincoln.ac.nz

- Ask at the library.

Itl.lincoln.ac.nz

 Manaakitaka means all members of the Lincoln University whanau being entitled to learn, study, work and participate in all aspects of university life in an environment of safety and respect.

• Accommodation staff and Residential Assistants (RAs) are available to support students living on campus.

• **Chaplaincy** services are confidential and impartial. Although the Chaplains are Christian-based, they support all faith backgrounds and denominations.

• Inclusive Education offers confidential services and support if you have a learning need eg. dyslexia, disability, injury or illness affecting study.

• International Student Advisors understand the challenges of living and studying in a new country. They are here to support your pastoral care and

 Te Manutaki - Māori and Pasifika Development Team provide pastoral, cultural and academic support. They are there to assist your educational journey from enrolment to graduation.

• Student Admin (enrolments and admissions) helps with enrolment, practical work, scholarships, exams, timetabling, finance, StudyLink and Visa guidance

• University Proctors can be approached with any concern about the conduct of a Lincoln student or group of students. All approaches will be treated confidentially. Contact via proctor@lincoln.ac.nz.

Wheako Tauira Student Experience can help you recognise your strengths and guide you in how to participate in all things uni life has to offer.

#### Useful tools to help you ease into student life.

For free wireless (WiFi) access, connect to eduroam.

• SAFELU App: Use this for quick access to emergency contacts and to get safety and emergency alerts. Search SAFELU on Apple App Store and

#### Course Timetable: www.lincoln.ac.nz/timetable

#### Raise a concern: www.lincoln.ac.nz/concerns

#### Key dates: www.lincoln.ac.nz/keydates

• Akoraka | Learn is where you can access course materials and important learning info: learn.lincoln.ac.nz

• **LUCAS** is where you complete your enrolment and view exam results:

• Microsoft Office 365 (including 1TB OneDrive and 100GB mailbox storage) is free while you're a student at Lincoln: portal.office.com

• Student Email: Check your LU email account daily, easily found through Akoraka | Learn and remember your LU username and password.

• IT Help: Find the Help Desk in the library or visit: ithelp.lincoln.ac.nz

• Student ID Cards can be requested after completing enrolment.

Student policies: www.lincoln.ac.nz/policies

## LU Students' Association & Te Awhioraki Māori **Students' Association**

#### **Experience something new and get involved.**

LUSA, Te Awhioraki Māori Students' Association and Pacific Island Students' Association (LUPISA) advocate for all students, run social activities and are here to support all tauira.

#### Clubs and associations you can be part of:

- The Lincoln University International and Cultural Society (LUICS) promotes cultural diversity in the Lincoln community and provide support to International whānau.
- · Iconic, a social club that supports students with a range of disabilities, offering relaxed social events and student connection.
- SPACE, the LGBTQIA+ club runs social events and activities for gender or sexually diverse students.
- Spirtual clubs include the Christian Fellowship, and Lincoln University Muslim Association (LUMA).
- There's a club for everyone, like the Carpentry Club, Pottery Club, Handy Landys, Wine Appreciation Club and more.

#### lusa.org.nz

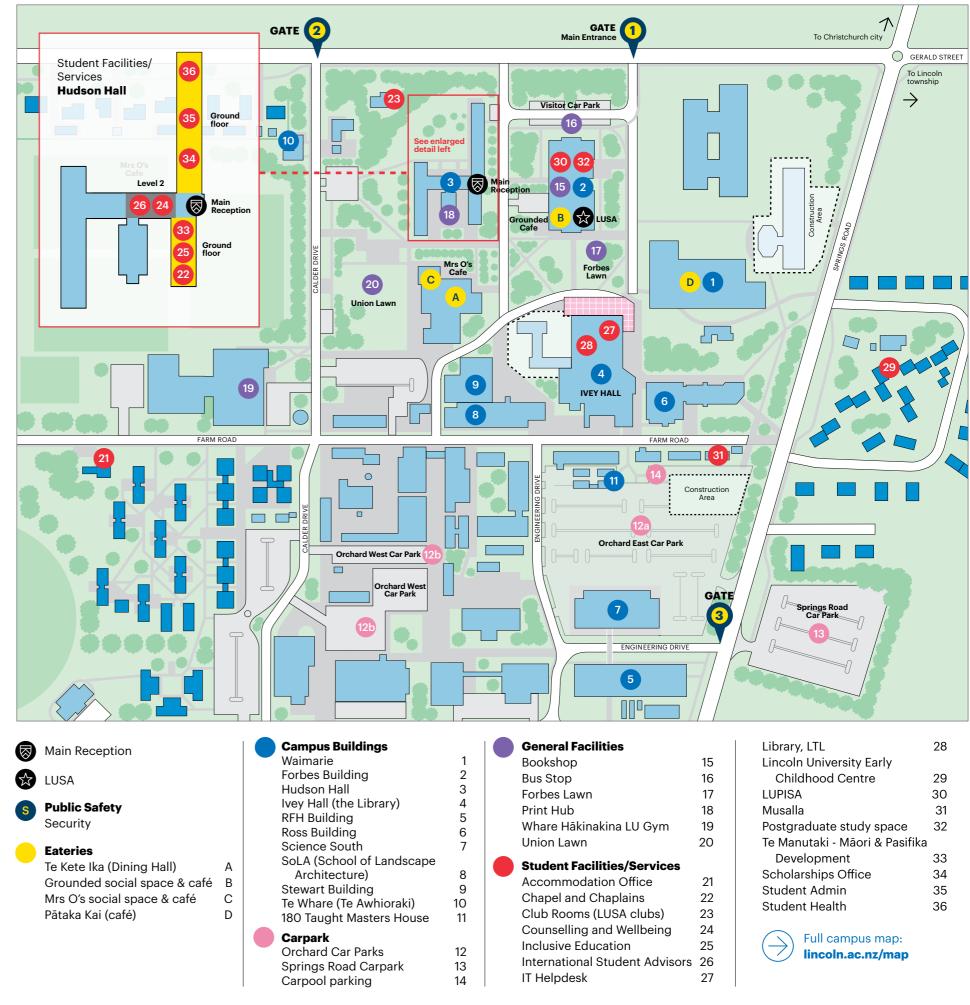
# **Lincoln** Township

## Connect with the local community.

Just 5-10 minutes walk from campus (or even guicker on an e-scooter), Lincoln has a homely and relaxing feel to it. Just head straight down Gerald Street.

- Supermarket for general groceries and ATM.
- Petrol station for fuel, gas and snacks.
- Bars, restaurants and cafes.
- Kiwibank and post office, Westpac ATM, and gift shop.
- Pharmacy for prescriptions and health products.
- Lincoln Library for books, resources and family friendly events. selwynlibraries.co.nz
- **Bus services** from campus include the 80 to Lincoln Township and Christchurch Bus Interchange; and 820 to Rolleston and Springston. Purchase a Tertiary Student Metro Card at the Campus Bookshop or Christchurch Bus Interchange. metroinfo.co.nz

# Find your way around ...



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