

PATHWAY 4

Exploring your options with a Wellbeing Advisor



LINCOLN UNIVERSITY
TE WHARE WĀNAKA O AORAKI

Here are some of the things you might talk to a Wellbeing Advisor about.

You are welcome to come by yourself or to bring a support person, just as you prefer.

If you have been affected by sexual violence, a Wellbeing Advisor can help you

Wellbeing Support Advisor
P: 021 589 475

E: wellbeing.support@lincoln.ac.nz
Available: 8.30am – 5pm weekdays

2nd Floor, Hudson Hall
For urgent after hours help call or text **Need to Talk 1737** or check the **SAFELU app**

SUPPORT

REPORT/ INVESTIGATE

You and the Wellbeing Advisor can talk about what you would like to do

Please note that they will not tell anyone else what you have said without your consent unless there are serious safety concerns

You want support but do not want to report or formally investigate

You would like to report an alleged offender and to have the matter formally investigated

Explore support options with the Wellbeing Advisor and decide what supports you would like and how to access these

You may decide you don't want further support
If you change your mind later, we will still be here to help

With your agreement, a police and/or proctor investigation will begin and we can support you through this

The Wellbeing Advisor can help you arrange support from **any or all** of the following:

SUPPORT OPTIONS

- Student Health & Support
- Off campus medical and counselling services such as Cambridge Clinic, SASSC, OUTLineNZ, or ACC
- Academic and additional support from Inclusive Education, LUSA, or International Student Advisors
- Proctors, LUSA, Accommodation Services or Campus Security can address any safety concerns about getting to class or being on campus
- Other support services include Māori student support, the Pasifika support coordinator, SPACE (LGBTQIA* student club), and Chaplains

RESTORATIVE JUSTICE PROCESS
A meeting can be arranged if and when you are ready

POLICE
If a Police investigation is carried out, the University may also need to conduct its own inquiry as well

PROCTOR
You can report the incident to the Proctor who may then carry out a formal investigation

The Proctor will stay in contact with you so that you are kept informed about how the situation is progressing

Your ongoing safety will be supported in the campus environment wherever possible